

INNOVATE NEWS

Your monthly newsletter from The Innovate Day Centre

A History of Sign Painting...

We have recently had some sign painting done at the day centre and we were happy to find out that sign painting, largely due to nostalgia and the love of vintage, is making a comeback for businesses. Billboards, banners, storefronts and windows were all painted by a person as recently as 40 years ago. Like many crafts and trades, hand-made sign painting was taken over by computers and printers and as a result many of these craftsmen lost their jobs.

Sign painting is traditionally a learned craft of creating public advertisement of products, services and events on outdoor surfaces. These works were done with a brush and paint. A main part of the training was to be proficient in the use of a lettering brush which is still very demanding to master and could take years to develop. There are also many associated skills taught such as gold-leafing, stencilling and silk-screening.



When computer printing was at its prime, brands began to look alike and started to lose their

identities and sign painters were in demand again! You will find some hand painted signs at our centre; our name plaque above the front door, a quote on the wall of our main activities room and of course, our logo. These were all painted by Jack Stephenson who is located in South London.



Congratulations!

A belated congratulations to Natasha, one of our amazing Care Team, as she is expecting a baby boy! Natasha will leave our team at

the end of May to go on maternity leave and hopefully she will be back with us for the start of 2020. The centre will definitely be a lot quieter without her around!

Scam and Cold Calls

We are always hearing about phone scams in the news and our elderly community can be extremely vulnerable when it comes to this type of scam. It is very important to stay vigilant.

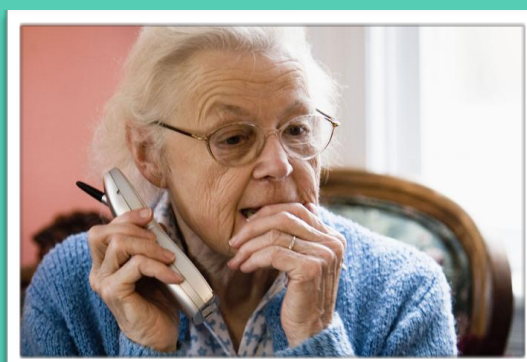
Common phone scam tricks include calls from some of the following;

HMRC - This is one that has been in the news recently; you may get a call from someone claiming to be from HMRC saying that there is an issue with a tax refund or an unpaid tax bill.

Remember that HMRC will never contact you by telephone, if they did wish to contact you then you would receive a letter in the post.

BANK SCAMS - Someone may call from your bank telling you that there is a problem with your card or account. They may ask for your account or card details or even your PIN number. Your bank will **NEVER** ask for your PIN number.

COMPENSATION CALLS - You may receive a call from someone asking about an accident that you have supposedly had. If you have had an accident, contact your own insurance company instead.



UK's first Nursery at a Care Home!

The first nursery in the UK to share the same site as a care home will open in September 2019 in London. Nightingale House is a residential care home for elderly Jewish men and women is based in Clapham, South London. Apples and Honey Nursery has been visiting Nightingale House for 15 years twice a term.



Residents and children will take part in joint arts and crafts, baking, exercise and movement classes as well as eating snacks and meals together. The nursery principle hopes that this will become a model for other providers and 6 more sites around the country have already been identified as potential sites for more nurseries.

PENSIONS - Remember, nuisance calls about pensions are now illegal and can be reported to the Information Commissioners Office on 03031231113.

What to do if you suspect a scam call?

- **DO NOT REVEAL** personal information
- **HANG UP**, you are not being rude
- **RING BACK**, ring the company back preferably from a different phone on a number that you have for them on record. Some scammers can stay on the line once you put the phone down and play a dialling tone to make you think that they are no longer on the line. The reality is, you dial another number and you are still speaking with the scammer!

For more information about scams, you can contact the Age UK Advice Line on 08006781602 for free advice.