# INNOVATE NEWS

Your monthly newsletter from The Innovate Day Centre

#### **Our New Venue!**

We are very excited to inform you that we moved into our new premises on Monday 4th March on Harlington Road, Uxbridge. We have had a number of venues since starting The Innovate Day Centre but this will be our permanent venue. Months of work has gone into creating an inviting and homely day centre for our clients and we now have two activities rooms and a designated 'quiet room' for those more sensitive to noise.

We have had a professional Sign Painter come in to paint our logo and one of our favourite quotes on the wall; "People will forget what you said, people will forget what you did, but people will never forget how you made them feel." We feel that this quote really sums up what we try to achieve at the centre.





We have also been getting our fingers green in the garden (left)! Our plan is to install raised beds that clients can grow vegetables, flowers and plants in during the Spring and Summer months. If successful the produce could be used in our lunches; let's hope our clients are good gardeners! We will also be investing in some rattan garden sofas over the coming weeks in time for the summer months.

If you would like to see some more pictures of our centre, please visit our Facebook (The Innovate Day Centre), Instagram (theinnovatedaycentre) or Twitter (@innovatecentre) pages and whilst you're there, give us a follow! If you don't use social media, please encourage your family to follow us.

#### **Delicious Desserts!**

Our Kitchen Team consisting of Keri and Jane produce delicious homemade lunches daily for our clients. We thought that you might like to see some of the recent desserts that have been served at the centre. If you have any requests for particular desserts or meals to be added to the menu, please let us know! Biscotti Cheesecake (right), (Below, left to right) Mango & Passionfruit Cheese, Strawberry Mousse, Homemade Shortbread Hearts.









### Weekend Day Centre!

We currently have spaces on a Saturday for clients to attend the day centre. Weekends can be lonely

for the elderly if they do not have any family close by.
Similarly, if you are a carer and could do with some respite over the weekend to run your errands then we can assist you with this. If you would be interested in attending on a



Saturday please contact Soraya, Centre Manager, on 01895 200212.

## **Elderly Best Friends Reunited...**

Two best friends who had not seen each other for 70 years were reunited in the same care home by complete coincidence in Stafford. Nora (91) and Eileen (89) were childhood best friends and instantly recognised each other despite years apart.

